

WEEKDAY CLASSES

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|------------------------------|-------------------------------------|------------------------------|-------------------------------------|------------------------------|
| 4:00PM | LITTLE CHEETAHS (30 MINS) | | LITTLE CHEETAHS (30 MINS) | | LITTLE CHEETAHS (30 MINS) |
| 4:30PM | KIDS ALL BELTS (45 MINS) | LITTLE CHEETAHS (30 MINS) | KIDS ALL BELTS (45 MINS) | LITTLE CHEETAHS (30 MINS) | |
| 5:00PM | | | | | KIDS ALL BELTS (45 MINS) |
| 5:15PM | PRODIGY PROGRAM (45 MINS) | KIDS ALL BELTS (45 MINS) | | KIDS ALL BELTS (45 MINS) | |
| 5:30PM | | | LITTLE CHEETAHS (30 MINS) | | |
| 5:45PM | | | | | LITTLE CHEETAHS (30 MINS) |
| 6:00PM | KIDS BJJ (45 MINS) | KIDS BJJ (45 MINS) | KIDS BJJ (45 MINS) | KIDS BJJ (45 MINS) | |
| 6:15PM | | | | | PRODIGY PROGRAM (1 HOUR) |
| 6:45PM | ADULTS BOXING (45 MINS) | ADULTS AND TEENS BJJ (1 HOUR) | ADULTS BOXING (45 MINS) | ADULTS AND TEENS BJJ (1 HOUR) | |
| 7:00PM | | | | | |
| | | | | | WEAPONS (30 MINS) |

SATURDAY CLASSES

| TIME | SATURDAY |
|---------|---------------------------|
| 9:00AM | UFIT (40 MINS) |
| 10:00AM | LITTLE CHEETAHS (30 MINS) |
| 10:30AM | KIDS ALL BELTS (45 MINS) |
| 11:15AM | PRODIGY PROGRAM (1 HOUR) |
| 12:15PM | WEAPONS (30 MINS) |

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